DiMiCare

Digital Mindset for Carers

" DiMiCare aims to unleash the potential of digital technologies in the care sector and improve the attractiveness of care roles "

Background

The growing role of digital technology in elderly care and long-term care increases the need for digital skill development of care professionals to help them keep up with the changes in the work processes. Research studies show that caregivers often lack digital skills and are also hesitant to using digital technology for different reasons. In order to fully realize the potential of digital transformation in elderly care it is important to provide appropriate training to care staff to ensure that they are reaping the benefits and effectively use digital technologies in their work.

The Project

DiMiCare is a 2-year Erasmus+ project that was launched in November 2022 and involves 6 European partners in the social and health care and adult education sector. The core aim of DiMiCare is to enhance professional digital competences of care assistants and home helpers in their daily work processes by developing a comprehensive and flexible training package consisting of a modular training course and multimedia micro-learning units. The training offers are designed for formal and informal learning providing basic digital competences and more in depth training on care related digital competences.

The results

1 DiMiCare Groundwork paper: A publication on the trends of technology deployment in the lower qualified elderly care professions, existing training offers and identified training needs

2 A modular DiMiCare Training Course that can be integrated in a formal VET course setting for lower qualified care workers

3 DiMiCare Micro-Learning Units designed as short and simple multimedia offers that allows for informal, self-directed learning at the workplace