

RIVER Methodology

The 3 Dimensions



Lifelong
Learning

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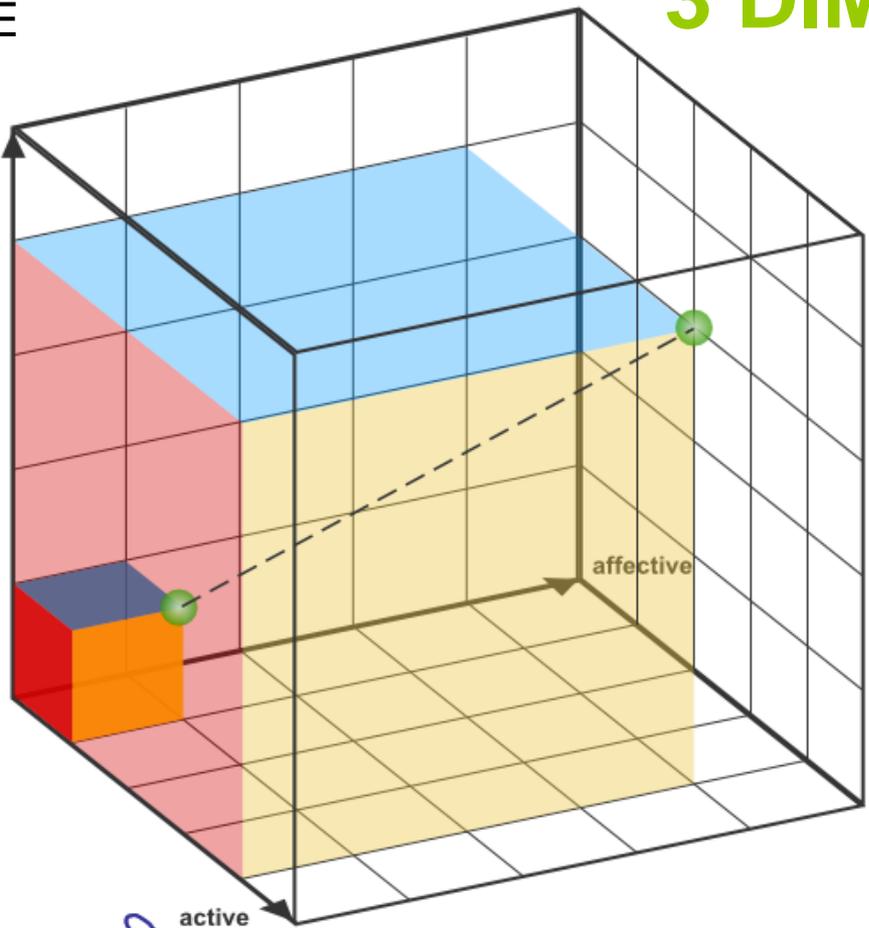
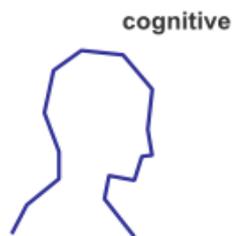
Learning with HAND, HEART & HEAD

Hand, heart & head create the **three dimensions of the RIVER methodology**

- **Hand = Activities**
- **Heart = Emotions**
- **Head = Knowledge**

KNOWLEDGE

3 DIMENSIONS



EMOTION



ACTION



The background

The idea of the three dimensions is based on the holistic idea of the Swiss pedagogue Johann Heinrich Pestalozzi that learning happens with head, hand and heart. That means that learning is a combination of cognitive (head), active (hand) and affective (heart) parts.